



Campobello Island Health and Wellness Advisory Committee Needs Assessment Survey

The mission of the Campobello Island Health and Wellness Advisory Committee is to ensure our community's unique Health and Wellness concerns are voiced and heard.

The Campobello Island Health and Wellness Advisory Committee is collaborating with the Atlantic Health Sciences Corporation on a health and wellbeing needs assessment. This survey is the second phase of that needs assessment.

The purpose of the survey is to ask island residents about issues that impact **individual** health and wellness, as well as the health and wellness of the **community** as a whole. We are also asking for your feedback on the **health services** currently delivered on the island.

The findings from this survey will help us get a better fit between Campobello Island's health and wellness needs and the programs and services that Health Services and its sister community and government agencies offer.

The completion of this survey is **voluntary** and all responses are **anonymous**. Please do not put any identifying marks/information on the survey form.

The survey will take approximately 20-25 minutes to complete. Please use the back of each sheet, if you need additional space.

Advisory Committee members and the research team, Dr. Verle Harrop, and Amy Watling, are on hand to address any questions or concerns you may have around the survey or the needs assessment generally.

Before you begin the survey, please take a moment to think about the following definition of a healthy community:

“A healthy community is one that is constantly creating and improving its physical and social environments and increasing the community resources which allow people in the community to support each other in performing all the functions of life and in developing to their maximum potential.” (Leonard Duhl, *The Social Entrepreneurship of Change*, 2000)

Please keep this broad definition in mind as you think about the questions that follow.



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Section A: Questions About Your Community

1. Thinking about the health of your community, please list what you believe are the top three **strengths** of your community:

1. _____
2. _____
3. _____

2. Would you say that your community's overall health is:

- Excellent
 Very good
 Good
 Fair
 Poor

3. Thinking about the health of your community, please list what you believe are the top three **challenges** facing your community:

1. _____
2. _____
3. _____

4. One of the purposes of this study is to assess your opinion of the types of services, programs, and facilities that may be needed in your community. Please indicate **the need** for each of the following on Campobello Island by placing an **X** under the appropriate response:

	Very Needed	Needed	No opinion	Somewhat Needed	Not Needed
Housing for seniors living independently					
Housing for the elderly requiring assisted living					
Housing for persons on social assistance					
Meals on Wheels/Wheels to Meals					
Programming for adults with special needs					
Safe House for victims of domestic violence/abuse					
Community Government (LSD or alternative)					
Community newsletter					
Career counselling for community residents of all ages					



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	Very Needed	Needed	No opinion	Somewhat Needed	Not Needed
Adult education opportunities					
Public internet access centre					
Community/Recreational Complex					
Food bank / food cupboard					
Community gardens					
Daycare					
Increased access to Service New Brunswick					
Information on employment opportunities					
Registration and licensing of <u>all</u> cottage rentals and properties					
Community Leaders					
Increased leadership role played by the churches					
Volunteers					

5. Please indicate **the need** for the following types of transportation on Campobello Island:

	Very Needed	Needed	No Opinion	Somewhat Needed	Not Needed
Community transportation (to appointments, shopping)					
Transportation to medical/ community services appointments off the Island					
Transportation for extracurricular school-related activities					
Transportation for seniors					
Year-round ferry service					

6. If Campobello were to have a year-round ferry, in your opinion, what would be the ideal mainland destination or landing site?

Campobello to _____



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7. Thinking about **waste management** on Campobello Island, please indicate **the need** for each of the following by placing an **X** under the appropriate response.

	Very Needed	Needed	No Opinion	Somewhat Needed	Not Needed
Campobello Island Landfill Site					
Transfer station for disposing of large items such as appliances					
Community wide clean up and anti-littering campaign					
Increased enforcement of garbage disposal regulations					

8. Thinking about the **Canadian Border Services Agency** on Campobello Island, do you feel that the Agency is addressing issues that are most important to you and your community?

- Yes No

Please Explain: _____

9. The **RCMP** is committed to preserve the peace, uphold the law and provide quality service in partnership with the communities in which they operate. Thinking about the RCMP on Campobello Island, do you feel that the RCMP is addressing issues that are most important to you and your community?

- Yes No

Please Explain: _____

10. Thinking about the role of **our school** on Campobello Island, do you feel that the school is currently fulfilling its potential as a 'hub' for community programs and activities?

- Yes No

Please Explain: _____



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Section B: Health Services

11. Do you get your health services in:

- Canada USA Both

Please explain: _____

12. In your opinion, how would you rate your **access** to the following services in your community
 (please place an **X** under the appropriate response):

	Excellent	Very good	Good	Fair	Poor	No Opinion
Mental Health Services						
Addiction Services						
Physician Services						
Nurse Practitioner Services						
Ambulance Services						
24 Hour Emergency Care						
Extra Mural Care						
Public Health						
Lab Services (blood tests)						
Prenatal Care						
Support Groups						
Dietician Services						
Dental Services						
Podiatry (foot care)						
Optometry Services						
Palliative Care						
Pharmacy Services						
Nursing Home						
Community Services						
Education and coaching around chronic disease management						
Transportation (for medical care off the Island)						



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13. Please rate your **satisfaction** with the current level of services provided in the following areas by placing an **X** under the appropriate response:

	Very Satisfied	Satisfied	Neutral	Dissatisfied	Very Dissatisfied
Mental Health Services					
Addiction Services					
Physician Services					
Nurse Practitioner Services					
Ambulance Services					
24 Hour Emergency Care					
Lab Services (blood tests)					
Extra Mural Care					
Public Health					
Prenatal care					
Pharmacy Services					
Community Services (Social Assistance)					
Nursing Home					
Privacy and confidentiality around personal health information					
Communication between Health Services, patients and their families					
Education and coaching around chronic disease management					

14. If telemedicine (video-teleconferencing) was made available for medical consultation and or treatment would you use it?

- Yes No



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Section C: Individual Health

15. In general, would you say your **physical** health is:

- Excellent
 Very good
 Good
 Fair
 Poor

16. Do you know your waist measurement?

- Yes
 No

If "Yes", what is your waist measurement? _____

17. Do you have one or more chronic diseases? (Please circle)

- Yes
 No

If "Yes", which chronic disease(s) do you have?

18. In general, would you say your **mental** health is

- Excellent
 Very good
 Good
 Fair
 Poor

19. In terms of day to day stress, would you say that most days are:

- Not at all stressful
 A bit stressful
 Quite a bit stressful
 Extremely stressful

20. Please indicate whether you agree or disagree with each of the following statements about social support by placing an **X** under the appropriate heading:

	Agree	Disagree
When I feel stressed, or have a problem, I have someone in the community that I can talk with to share my feelings.		
If I were to become ill, I have someone who can help take care of me.		
When I have a problem, I have someone I can turn to for advice or information.		



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21. How would you describe your **sense of belonging** to your local community? Would you say it is:

- Very Strong Somewhat Strong Somewhat weak Very Weak

22. In closing, as a member of the Campobello community, would you be willing to work with the RCMP, Canadian Border Service Agency, the school, Health Services as well as other community groups and agencies to address issues around, for example, drugs, patrolling waterways, domestic violence, impaired driving, and littering?

- Yes No

If you have any further comments or feedback please feel free to write on the back of this page.

The Campobello Island Health and Wellness Advisory Committee and the Atlantic Health Sciences Corporation thank you for your time and cooperation in filling out this survey!